

Aftercare: Laser Ablation

The wounds resulting from the ablative laser can be quite confronting but will usually heal predictably and with good outcomes.

The areas treated will appear as a raw, oozing, bleeding surface – this is completely normal.

The wounds are usually left open, and a thin layer of Vaseline or Stratamed has been applied by staff. If rubbing or bleeding is a problem, the wounds will be covered with a simple dressing.

Wear clothes that can be easily washed and be careful with bedding as it may become stained by the oozing surfaces in the first couple of days.

Wash the wounds every 4-6 hours during the day to remove as much of the ooze as possible. You can use plain water, or a gentle cleanser. This washing can be stopped when the wound is no longer oozing. It is safe to shower at any time.

Apply a thin layer of Vaseline or Stratamed (available from Brighton Day Surgery) after washing to prevent the wounds from drying out, cracking, and bleeding.

Do not apply active skincare products or makeup until the wounds are completely healed.

Wounds on the face will heal in approximately 7 days, and wounds on the body in 7-21 days. The healed surfaces will appear pink. Vaseline is no longer required past this point, however Stratamed can continue to be applied as this helps reduce the time required for the pinkness to fade.

The fresh, pink appearance of the skin will fade over time (weeks to months). You should protect the skin from the sun with clothing and a high protection sunscreen (SPF 50+).

The final appearance of the area is typically slightly paler than the untreated skin.

If you have any concerns or need clarification please contact us



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