

Before and Aftercare:

Derma Fillers and Wrinkle Relaxants

BEFORE TREATMENT

General Advice: When you come for your treatment you should be in good general health. If possible avoid blood thinners eg. aspirin, anti-inflammatories and fish oil.

When making your appointment please advise us if you have any travel plans in the near future.

Wrinkle Relaxant: It is recommended to have at least 4 weeks between a flu vaccination and treatment.

Dermal Filler: It is recommended to avoid dental procedures 4 weeks before treatment.

AFTER TREATMENT

Wrinkle Relaxant: You have been treated with Botulinum Toxin Type A. Do not rub or massage the area for 4 hours post treatment.

Do not partake in vigorous exercise for 12 hours post treatment

Dermal Filler: You have been treated with a Juvederm product.

Do not apply makeup for 12 hours.

Do not rub or massage the area for 72 hours.

Do not partake in vigorous exercise for 12 hours post treatment

For the next 2 weeks, avoid exposure to sun or UV light and avoid extended exposure to heat or cold eg. saunas, ice baths, cryotherapy.

Potential Side Effects:

- Side effects are generally minimal : You may experience: redness, pain, swelling/inflammation, lumps and bumps, bruising, itching, discolouration.
- Brighton Day Surgery is medically equipped and carries the dissolving agent for dermal fillers.

Please call the clinic if you have any questions or concerns.

It is recommended you return for a review 2-4 weeks post treatment.



SKIN | VEIN | SURGICAL | COSMETIC

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